

NEWS AND PROFILES CONNECTING THE LATINO AMERICAN COMMUNITY IN MINNESOTA

December 2025 Issue 458
Latino
American
Today
www.latinoamericantoday.com

M E R R Y
Christmas!

FELIZ
NAVIDAD
y Prospero
año nuevo



Thanks to Latino American Today Staff and Contributors!

As we look back at 2025, we want to take time to thank the staff and contributors of Latino American Today for their efforts in producing our publication each month. Thanks to all and we look forward to 2026!



Merry Christmas and Happy New Year to all our readers, advertisers, and supporters.

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Deborah Locke



On The Cover

¡Feliz Navidad y prospero año!

Merry Christmas!

Latino
American
Today

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Vivir el cierre del año con fe, gratitud y esperanza



Por Pastor Saúl Carranza

Hemos esperado las celebraciones de fin de año con emociones encontradas pensando en la alegría de la fiesta, compartir con la familia y vivir las hermosas tradiciones de la época y en los gastos de fin de año y todas las preocupaciones de la situación mundial. Pero esta es también una oportunidad para profundizar en la fe, expresar gratitud y renovar la esperanza en Dios.

Mientras celebramos es justo dedicar un momento a la reflexión. Agradecer a Dios por todas las bendiciones

recibidas, por los retos enfrentados, las pruebas que hemos superado y la fe que en cualquier situación difícil que enfrentemos nos ayudará a salir adelante. ¡Qué importante es reconocer su presencia divina en cada momento del año!

Es la oportunidad de afirmar nuestra buena relación con todas las personas, especialmente con familia, amigos y compañeros. La Biblia dice que en cuanto dependa de nosotros debemos estar en paz con todos. (Rom.12:18) No siempre es posible, pero siempre hay formas de solucionar los problemas. El espíritu cristiano nos invita a perdonar, reconciliarnos, pedir perdón, ser solidarios y celebrar en comunidad con sencillez y mucho amor.

Navidad es el tiempo para agradecer a Dios por el maravilloso regalo que nos dio en su hijo Jesucristo. Su ejemplo de entrega y bondad nos motiva a dejar el egoísmo y despegarnos de lo material buscando un poco menos para nosotros y un poco más para los demás. Especialmente aquellos que lo necesitan.

La llegada del nuevo año nos permite agradecer por el año que termina, dar gracias por la vida y la salud. Por la vida de nuestros seres queridos y orar con fe y esperanza para que en el nuevo año la misericordia y bondad de Dios nos alcancen y que nuestro mundo pueda cambiar para bien.

Pero por sobre todas las cosas es una invitación a revisar nuestros actos y las prioridades de la vida. Cada año que transcurre nos deja experiencias y sabiduría, pero también se ha llevado un poco de nuestra vida. Los buenos propósitos para el año nuevo en un espíritu cristiano son una invitación a aprovechar bien el tiempo.

Que en el nuevo año cada pensamiento, gesto, palabra y encuentro esté impregnado del amor de Cristo, para los que nos rodean sean bendecidos a través de nosotros y nosotros encontremos el verdadero propósito de la vida.

Feliz Navidad y un muy bendecido año nuevo para usted y familia.

Live The End of the Year With Faith, Gratitude, and Hope

By Pastor Saul Carranza

We have awaited the end-of-year celebrations with mixed emotions, thinking about the joy of the festivities, sharing with our family, and experiencing the beautiful traditions of the season, but also about the end-of-year expenses and all the concerns about the global situation. However, this is also an opportunity to deepen our faith, express gratitude, and renew our hope in God.

As we celebrate, it is only fitting to take a moment to reflect. Let us thank God for all the blessings we have received, for the challenges we have faced, the trials we have overcome, and the faith that will help us move forward in any difficult situation we encounter. How important it is to recognize His divine presence at every moment of the year!

It is an opportunity to affirm our goodwill towards everyone, especially family, friends, and colleagues. The Bible says that as far as it is up to us, we should be at peace with everyone (Rom. 12:18). It is not always possible, but there are always ways to solve problems. The Christian spirit invites us to forgive, reconcile, ask for forgiveness, show solidarity, and celebrate in community with simplicity and much love.

Christmas is the time to thank God for the wonderful gift He gave us in His son Jesus Christ. His example of devotion and kindness motivates us to leave selfishness behind and detach ourselves from material things, seeking a little less for ourselves and a little more for others. Especially those in need.

The arrival of the new year allows us to give thanks for the year that is ending, to give thanks for life and health. For the lives of our loved ones, and to pray with faith and hope that in the new year God's mercy and goodness will reach us and that our world may change for the better.

But above all, it is an invitation to review our actions and priorities in life. Each passing year leaves us with experiences and wisdom, but it also takes a little bit of our life away. Good resolutions for the new year in a Christian spirit are an invitation to make good use of our time.

May every thought, action, word, and encounter in the new year be imbued with the love of Christ, so that those around us may be blessed through us and we may find the true purpose of life.

Merry Christmas and a very blessed New Year to you and your family.

IGLESIA CRISTIANA FAMILIA DE DIOS

SERVICIO DE ADORACIÓN

TODOS LOS DOMINGOS 1:00PM

Ministerio de MUJERES

Hijas del Rey

2º sábado de cada mes

DESAYUNO 9:00 AM

Ministerio de VARONES

LOS CUATES

Reunión especial el 2º sábado de cada mes

Transmitidos por

LIVE

763 245 2378 14100 Elm creek Road, Dayton, MN, 553669, US
Pastor Saul Carranza

VEN ADOREMOS EN FAMILIA

VIERNES

Estudio bíblico, grupo de oración y testimonio. Grupo discipulado.

7:00PM

SABADO

Servicio de Damas. -cada segundo sábado del mes.

9:00AM

Ministerio de hombres "Los cuates" Reunión mensual.

DOMINGO

Servicio de adoración Clases bíblicas para adolescentes y niños.

1:00PM

En Dayton

Peromuy cercade Maple Grove, Champlin, Osseo Rogers y Brooklyn Park.

Facebook.com/iglesiafamiliadeDios.DaytonMN

Is Faith by Chance or by Choice? Merry Christmas!



Marcia Malzahn

By Marcia Malzahn

Is faith by chance or by choice? That was a question a lady asked at an event I recently attended. My friend who was next to me said, “Do you want to answer her question?” I was left to respond impromptu, on the spot. But that was okay. I knew the answer... Faith is by choice.

Each person regardless of what faith they were raised in, will have the opportunity to choose their own faith someday. Typically, each person embraces their family’s faith until they can make their own choice. Sometimes the parents may

be of different faiths, and they decide which religion they will raise the children in. Other homes may not practice any religion at all. They leave it to the kids to choose their faith “when they grow up.” Yet other parents choose to believe in nothing or simply believe there is no God at all. Most of those children grow up as agnostics or atheists.

So, is faith by chance or by choice? Regardless of each person’s upbringing, human beings can choose their own beliefs which are founded on their faith. But there is another key question we must answer. Faith in what or whom? Faith in money, fame, nature, yourself, gods, or the God? But which God? How do you know the “god” you believe in is the “real God”?

Can you say with certainty that when you die you know that you know that you’re going to heaven? I can. Why? Because the God of the Bible, the God of Abraham, Isaac, and Jacob is also my God. He is the only God who is the creator of all and the only One who is still alive. He is “*the Alpha and the Omega, the Beginning and the End, the First and the Last*” (Rev. 22:13 NKJV).

From all the religions, Christianity is the only one whose founder, Jesus Christ, is still alive and will be for eternity. God sent His only Son as a human to save us from eternal damnation and instead have eternal life (John 3:16-17). He died on the cross and rose from the dead forever. All the other religions’ prophets, saints, and religious leaders from other religions are dead. And that’s a fact! Jesus is alive and Jesus is Lord which is God. When Jesus left to heaven He left us His Holy Spirit. “*Then he breathed on them and said to them, “Receive the Holy Spirit”* (John 20:22 NLT). We communicate to God and to Jesus through the Holy Spirit. They

are three in One (Genesis 1:26, Then God said, “*Let us make people in our image, to be like ourselves.*”). How do I know this? I believe it by faith, and I also have experienced God in my personal life – everyday.

This Christmas we celebrate the birth of our Savior Jesus Christ. It’s a great opportunity to choose to be His follower. Nothing else matters in the end. Jesus is real and He wants to save you too. It’s so easy and simple to do. And it’s free! All you must do is acknowledge you are a sinner, repent from your sins, and accept Jesus as your Lord and Savior. This huge step of faith restores your relationship with God. You will now know that you know that when you die you will be with Jesus forever in heaven. No other religion offers FREE salvation! They all require you to do something, perform rituals, traditions, or countless acts you can never accomplish on your own. No one can save him or herself. It is impossible. But with God all things are possible (Matthew 19:26), including salvation through Jesus Christ.

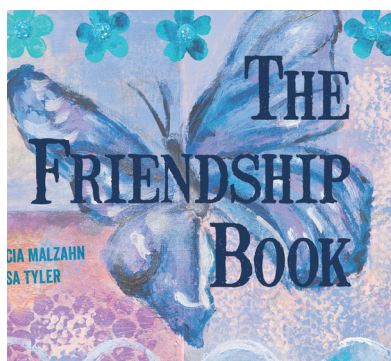
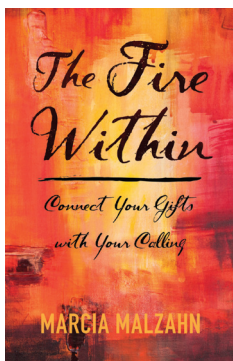
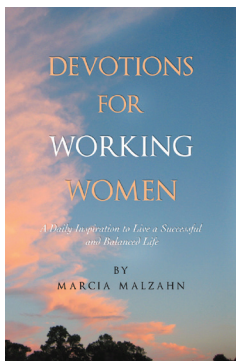
I encourage you to seek Jesus and accept Him as your Savior. You will never regret it. Enjoy the Christmas season of giving which is to remind us of the greatest gift of all – Jesus!

Salvation is for everyone

For if you confess with your mouth that Jesus is Lord and believe in your heart that God raised him from the dead, you will be saved. For it is by believing in your heart that you are made right with God, and it is by confessing with your mouth that you are saved.

(Romans 10:9-10 NLT)

**Merry Christmas
to you and your family!**



Marcia is an inspirational keynote speaker and published author of five books: A daily devotional – *Devotions for Working Women*, *The Fire Within* – to help you find your purpose, friendship poems in *The Friendship Book*, also in Spanish *El Libro de la Amistad* (poemas de Amistad), and *Bring YOUR Shoes* to help emerging leaders with tools on how to lead. In her latest grandma baby book, *Inside Your Mama’s Tummy*, Marcia inspires grandparents to form a bond with their grandchildren.

Marcia Malzahn is also president and founder of Malzahn Strategic, LLC a management consulting firm for community financial institutions. You can contact Marcia for speaking engagements through her website at CrowningAchievementsInternational.com or email her at mmalzahn@crowning-achievements.com.



A promotional poster for the TV show 'Exatlon USA: Arena de Campeones'. The central graphic features a large, stylized 'X' formed by two massive blocks: a blue one on the left and a red one on the right. A male athlete in a blue tank top is pushing the blue block, which is surrounded by splashing water. A female athlete in a red sports top is pushing the red block, which is surrounded by flames. The background is a bright blue sky. In the center, a diamond-shaped logo contains the text 'EXATLÓN' in large, bold, metallic letters, with 'ESTADOS UNIDOS' and 'ARENA DE CAMPEONES' below it. Below the logo, the text 'LUNES-VIERNES DOMINGOS 6PM' is displayed. At the bottom center is the Telemundo logo and the text 'TELEMUNDO MINNESOTA'. The bottom of the poster features a row of logos for various streaming services and their corresponding channel numbers: 17.1 | 25.1 (Minneapolis y St. Paul), 35 (Rochester), Comcast xfinity (100 | 624 | 1025), dish (25), hulu, fuboTV, and YouTubeTV. The website 'TELEMUNDOMINNESOTA.COM' is at the very bottom.

EXATLÓN
ESTADOS UNIDOS
ARENA DE CAMPEONES

**LUNES-VIERNES
DOMINGOS
6PM**

**TELEMUNDO
MINNESOTA**


17.1 | 25.1
Minneapolis y St. Paul


35
Rochester


100 | 624 | 1025


25







TELEMUNDOMINNESOTA.COM



Learn media making and storytelling skills with our Media Education team.

Create meaningful media by hiring our Production team or by using our resources

Teach digital literacy skills as a part of our CTEP AmeriCorps program.

Watch locally produced content on our channels 14,15,16, and 19.



www.spnn.org



¡NO LO PIERDA!

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- Complete y devuelva los formularios de renovación
- Verifique su correo y conéctese ahora mismo



DEPARTMENT OF
HUMAN SERVICES

mn.gov/dhs/renewmycoverage

¿QUÉ ES IMPORTANTE PARA USTED?

¿AMIGOS? ¿FAMILIA?
¿EDUCACIÓN?

Sí la familia y los estudios son una prioridad para usted, en la Guardia Nacional de Minnesota usted puede servir a la comunidad y al país desde aquí, cerca de su familia y amigos.

Es más, usted puede servir mientras estudia tiempo completo y obtener colegiatura gratuita.

Aquí Vivimos • Aquí Trabajamos • Aquí Servimos
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MINNESOTA
**ARMY
NATIONAL
GUARD**



Latino Chamber of Commerce Minnesota Awards Gala

The Latino Chamber of Commerce Minnesota, hosted hundreds of attendees at their annual Awards Gala in Minneapolis. Congratulations to award winners:

Ricardo Hernandez, owner of La Michoacana Purepecha,
Latino Business of the year

and

Sergio Manancero, owner of La Doña Cervecería,
Small Business Entrepreneur of the Year.



(R) Ricardo Hernandez a with his guests.



Sergio Manancero and guest.

The Three
Amigos,
Gustavo, Rico
and Victor



(L) Ella England and Abby Drehmel Minnesota Waste Wise



Student volunteers pictured:
José Juárez Aldave, Magaly Ruiz Barrios, Jared Mora Gonzalez,
Chelsea Sanchez, Amayramy Ruiz Barrios

Christmas Lights and Shows



Union Depot Hub for the Holidays

214 4th Street East, St Paul MN

There's a whole lot of holiday cheer chugging its way into the historic station this year: a pair of magical trains (one you can ride and one you can admire), a charming European-style Christmas market with dozens of vendors to browse, a towering holiday tree with its own lighting festival and plenty of fun family events populating the schedule.

November 28-December 21, 2025; FREE admission, tickets for the North Pole Express (select weekends) are for purchase and sell out quickly.)



Rice Park Holiday Light Show

109 W 4th St, St Paul, MN 55105

Starting at 5:00pm every day of the week and running every fifteen minutes is a holiday lights show projected onto a 40-foot digital Christmas tree in the park. Yes, it synchronizes to music. The whole park twinkles with magical holiday lights and is beautiful to take pictures in. A new show will project every week of the holiday season.

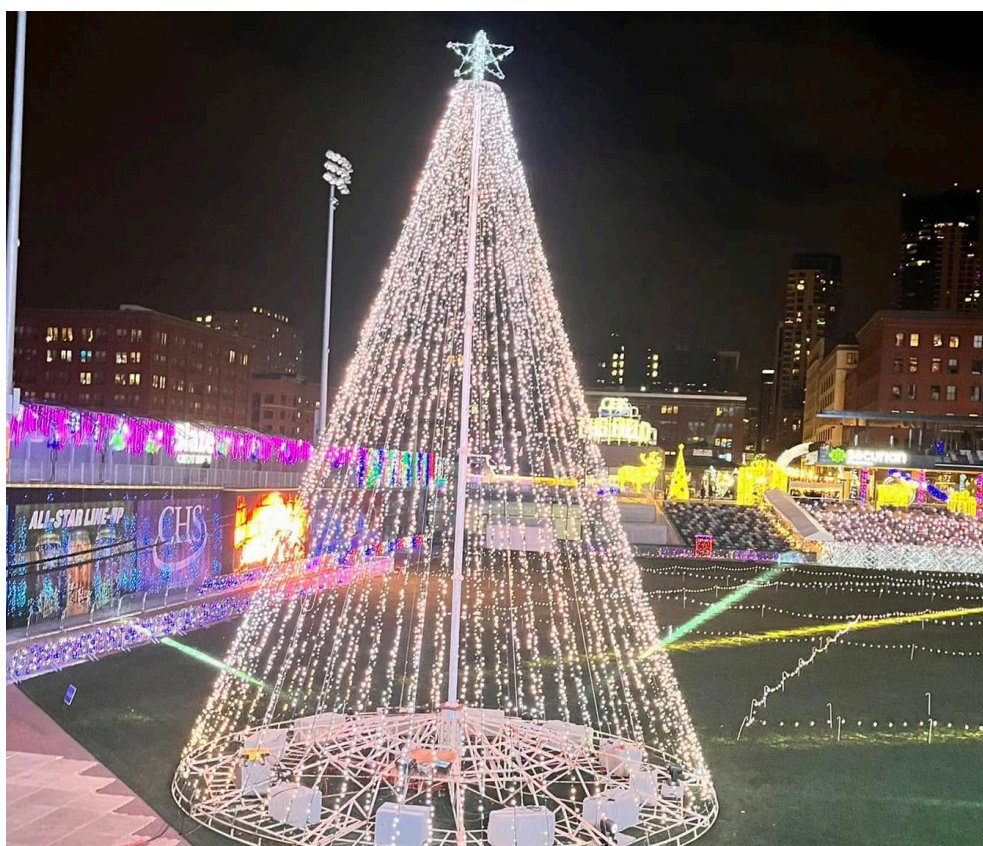
Rice Park holiday tree lighting is November 15, 2025.



Schultz Family Lights/Holiday Lights on York

1526 York Ave, St. Paul MN

Comprised of 9 family homes on both sides of the street dancing to holiday favorites you can listen to on your car radio. Synchronized to 91.5. Collecting food shelf donations for the holiday season (also Halloween). Friday after Thanksgiving to December 31st, weather permitting.



GLOW Holiday Festival

CHS Field, 360 N Broadway St, St Paul, MN 55101

CHS Field is a dazzling walking tour of holiday decorations and Christmas delights. There will still be a parade of dozens seasonal scenes featuring a plethora of holiday lights, a 60-foot illuminated tree and an art-created mosaic flame, a festive Santa Land, and other attractions. Grab a map and follow the trail to find a "sElfie Plaza", an enchanted forest, a s'mores station, concessions and more.

Tickets: \$12.75-\$21.75/pp. November 20, 2025, and runs select dates through January 4, 2026.

Our Values, Our Future

Conservative values resonate deeply with Latino communities through shared commitments to faith, family, and opportunity. For generations, Latino culture has cherished religious freedom, the sanctity of life, and traditional family structures—principles that align naturally with conservative ideals. The emphasis on parental rights and protecting children reflects the strong family bonds central to Latino heritage.

The promise of economic freedom and the American dream speaks directly to Latino immigrant experiences, where hard work and personal responsibility have paved paths to success. Conservative policies supporting entrepreneurship and self-determination honor the sacrifices families have made to build better futures. By preserving time-honored traditions against cultural erosion, conservative values protect the moral foundations and cultural identity that Latino communities hold sacred, creating a natural partnership rooted in shared beliefs about faith, family, freedom, and the preservation of enduring values.



SOUTH METRO

Grand Old Christmas Party



Saturday, December 20, 2025
6:00–9:00 PM

Jameson's Irish Bar
886 Smith Ave. South,
West St. Paul, MN 55118

Hosted by Senate District 53

Celebrate the Season with Fellow Conservatives!

Join us for an evening of holiday cheer!

New to the party? Connect with like-minded neighbors and get involved to win in 2026!

Evening includes:

- Appetizers provided
- Cash bar available
- Christmas carol karaoke & games



Suggested Donation: \$25 per person

Political Contribution Refund (PCR) forms available for 2025

RSVP by December 15 at:

<https://mn53votes.org/event/christmas-party>

For questions: 651-775-1650

Prepared and paid for by Minnesota Senate District 53 Republicans, 8165 Darcy Ln, Inver Grove Heights, MN 55076 in collaboration with Senate Districts 52 & 65. Not authorized by any candidate or candidate's committee.

Navidad Con La Comunidad (Shop With A Cop)

Join in to celebrate the holidays with our community!

Underprivileged children from all over the Metro area will benefit from your generous donation and will get to shop for Christmas gifts for their family and with the help of a police officer from one of our communities.

December 6, 2025

Walmart Supercenter

10240 Hudson Road, Woodbury, MN 55129

9:00-11:00am

www.mlpoa-mn.org/



SHOP
with a **COP**



Restaurar la Hospitalidad: El Verdadero Sentido de la Navidad

La Navidad nos recuerda que la verdadera celebración comienza con un corazón abierto.



Por Rudy Cardona, Ph.D.
rudycardona.com

La temporada navideña siempre ha sido más que luces, regalos y música; es una pausa sagrada en el tiempo, un momento para agradecer por la vida, por la familia y por la gracia que nos rodea. Para muchas familias hispanas en toda América, esta época tiene un profundo significado: nos reunimos alrededor de mesas llenas de sabores familiares, reímos, recordamos a quienes están lejos y celebramos el don de estar juntos.

Pero más allá de la celebración, la Navidad nos invita a redescubrir algo esencial: la verdadera hospitalidad. En mi libro *Restaurando la Hospitalidad*, exploro la hospitalidad no solo como un gesto social, sino como una forma de vida, una práctica espiritual que acoge a los demás en nuestras vidas con compasión, respeto y amor. La verdadera hospitalidad comienza cuando abrimos el corazón antes de abrir la puerta.

Esta temporada nos ofrece una oportunidad preciosa para restaurar ese espíritu. Cuando nos tomamos el tiempo para escucharnos, perdonar, y hacer espacio en la mesa para quien se siente olvidado, encarnamos el verdadero corazón de la Navidad. El nacimiento de Jesús fue, en esencia, el acto supremo de hospitalidad divina: Dios haciendo espacio para la humanidad a través del amor hecho carne.

La vida y el mensaje de Jesús continúan mostrándonos que la hospitalidad no se trata simplemente de recibir invitados; se trata de reconocer lo sagrado en cada persona y ofrecer gracia donde el mundo a menudo la niega. El espíritu de la Navidad, entonces, es el espíritu de la Verdadera Hospitalidad: una invitación a crear espacios de acogida, sanación y pertenencia en nuestros hogares, nuestras comunidades y dentro de nosotros mismos.

Al intercambiar regalos y compartir comidas, demos también el regalo de la presencia, la paciencia y la reconciliación. Que esta Navidad sea más que una tradición; que sea un punto de transformación, una oportunidad para traer renovación, gratitud y un sentido más profundo de conexión a nuestras familias y comunidades.

Porque cuando la hospitalidad es restaurada, el verdadero espíritu de la Navidad – donde el amor hace espacio para todos – vuelve a nacer dentro de nosotros.

The Season of True Hospitality

Christmas reminds us that genuine celebration begins with an open heart.

By Rudy Cardona, Ph.D.

rudycardona.com

The Christmas season has always been more than lights, gifts, and music – it is a sacred pause in time, a moment to be grateful for life, for family, and for the grace that surrounds us. For many Hispanic families across America, this season carries deep meaning: we gather around tables filled with familiar flavors, we laugh, we remember those far away, and we celebrate the gift of being together.

Yet beyond the celebration, Christmas invites us to rediscover something essential – true hospitality. In my book *Restoring Hospitality*, I explore hospitality not only as a social gesture but as a way of living, a spiritual practice that welcomes others into our lives with compassion, respect, and love. True hospitality begins when we open our hearts before we open our doors.

This season offers us a precious opportunity to restore that spirit. When we take time to listen to one another, to forgive, to make space at the table for someone who feels forgotten, we embody the very heart of Christmas. The birth of Jesus was, at its core, the ultimate act of divine hospitality – God making room for humanity through love made flesh.

Jesus' life and message continue to show us that hospitality is not simply about receiving guests; it is about recognizing the sacred in every person and offering grace where the world often withholds it. The spirit of Christmas, then, is the spirit of True Hospitality – an invitation to create spaces of welcome, healing, and belonging in our homes, our communities, and within ourselves.

As we exchange gifts and share meals, let us also give the gift of presence, patience, and reconciliation. Let this Christmas be more than a tradition; let it be a turning point – a chance to bring renewal, gratitude, and a deeper sense of connection into our families and communities.

Because when hospitality is restored, the true spirit of Christmas – where love makes room for all – is born again within us.



Try a New Family Fun Adventure this Winter: Fat Biking

By Deborah Locke, Communications Specialist, Minnesota Dept. of Natural Resources

Photos courtesy of Minnesota DNR

Many know the experience of a bike ride down a state trail. Pumping pedals creates a breeze as scenery zips past.

Ready for a new challenge? Try riding a fat bike on a state park trail or state trail this winter.

“Fat biking is a totally different way to experience trails and your surroundings,” said Shae Rossetti, managing director of the Cuyuna Lakes Mountain Bike Crew, a volunteer advocacy organization.

“It’s a completely different ride in winter,” she said. “You enter an environment when everything is covered with snow and frost. It’s so beautiful.”

It’s called fat biking because bicycles are equipped with lower pressure tires at least 3.7 inches wide. The width allows the tires to move over snow, sand and uneven surfaces that are more challenging for a standard bike tire. This flotation through snow is designed to leave a rut no deeper than one inch.

Those new to the sport may see a groomed trail that looks perfect for a winter fat bike ride, but should check for allowed uses before hitting a trail to make sure biking is allowed. Groomed state park ski and snowmobile trails are limited to those uses because grooming costs on those trails are paid through user fees.

Leading the state in winter with 40 miles of world class fat bike groomed trails is Cuyuna Country State Recreation Area (“Cuyuna”) near Ironton and Crosby, Minn. The popular and unique recreation area was once part of a thriving mining industry and is a two-hour drive from the Twin Cities.

Cuyuna’s trails cater to every level of use, from a beginner who wants to go a half mile to an experienced athlete who easily spends hours on the trails each time out. New signage on the trails provide maps and mileage. Bike repair stations are located in the parking lots, and the City of Crosby is nearby with restaurants and other amenities.

Barry Osborne, Cuyuna supervisor, said someone new to fat bike riding will need a bike, brightly colored winter clothing, and a helmet. Many bike shops rent fat bikes. Barry recommends that visitors call or stop in at the park office to check weather and trail condition, or better yet, call before leaving home. Both staff and volunteers clear the snow-filled trails as quickly as possible, and that can take time.

He added that Cuyuna is a good place for beginners and that the Sagamore Trail, for example, is designed for three-wheel bikes. A new fat bike rider might go a fairly short distance the first time, keeping in mind that speed is significantly decreased when moving over snow.

Here’s another reason for taking up this sport: fat biking is a popular family activity. “We see little kids pushing their Strider bikes along the trail with their grandparents,” he said. “It’s good to see family groups out there.”

“Bikes are for everyone,” Shae added. “Winter fat biking is great for an experienced athlete who wants to try something different, or for a beginner who does a two-mile loop.” She said that the sport teaches patience. Success is not gauged so much by distance covered over the snow but rather by resilience borne by overcoming cold weather.

“There is no such thing as bad weather, only bad gear,” she said. Winter presents a slow, cold environment that forces bikers of all ages to slow down.

“I may be outside for four to five hours at a time but that doesn’t mean I get anywhere far,” she said. Fat bike riders usually build in time for just playing in the snow or stopping at a coffee shop or bar along the way, warming up with a beverage.

The sport conditions both the body and soul, she said, against a backdrop of beauty, silence and camaraderie. The world is quiet, peaceful, and at the darkest time of a winter night, light from the stars and moon light the trail.



Winter Fat Bike Riding Tips

- Before leaving home, check two things: the weather forecast, and the park/trail website for visitor alerts. There is no point in setting out if a blizzard is predicted.
- Vehicle permits are required for state parks and state recreation areas. The cost is \$7 per day, and you can get your permit online at mndnr.gov/permit, or at the park or recreation area office. The permit should be displayed on your vehicle dashboard.
- Ride to your ability so you stay in control. Successful winter bike riding requires a slow pace.
- Bring a helmet.
- Test your equipment before leaving.
- Be aware of your surroundings and always yield the trail to others.
- Many Minnesota trails open for fat biking are managed by counties or cities. For information on those trails, visit Minnesota Off-Road Cyclists at morcmtnb.org. Metro fat bike riders can use their bikes at Fort Snelling State Park but fat biking on Pike Island is not allowed. Bronk Unit Plowline Trail in southeastern Minnesota is open for fat biking. The non-motorized use trail is cleared of snow by local volunteers and is 7.5 miles long.





Mercado Central es un próspero mercado de 35 negocios en la esquina de Lake Street y Avenida Bloomington en Minneapolis. con el interes para fomentar el desarrollo empresarial de los latinos en Mineápolis.

Mercado Central siempre ofrece una amplia variedad de artículos cotidianos y artesanales para comprar, platos deliciosos e ingredientes frescos para tus comidas: además como una gran variedad de servicios que puede utilizar.

HORARIO: 9 AM A 8 PM
ABIERTO DE LUNES A DOMINGO
¡7 DÍAS A LA SEMANA!



Businesses located at Mercado Central

Amigos del Mercado	El Callejon, LLC	Max Life Chiropractic, P.A.	Raices Sagradas Community Mental Health
Akasha's Place, LLC	Imperio's Beauty Salon, LLC	Metro Law Group	Restaurant El Popocatepetl
Cocina San Marcos Inc.	Interamerica Services, LLC	Musica y Novedades, LLC	Sastreria Don Jose, LLC
Candela, LLC	Isabella's Grocery, LLC	Ocatime's Relojeria	Tortilleria La Perla, LLC
Carniceria Valerie's, Inc.	Jhoaleymat International, LLC	Omniloren, LLC	The Best Tacos Del Sol, LLC
Dcard Insurance Services Company	Joyeria Ashley, LLC	Pupuseria El Rincon Salvadoreno, Inc.	Unidos MN
Del Sol Floreria, LLC	La Loma Wholesale, LLC	ProNat, LLC	Zero Degrees, Inc.
Deportes Azteca, LLC	La Reyna de los Jugos	Panaderia El Mexicano	Zapateria Aracely
Donald F. Noack Jr. Law Office	La Pinata Dulceria, LLC	Queblo Construct, LLC	
	Maria's Restaurante, Inc.		

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